Dear Healy Senior Center Supporters,

Due to the serious risks Covid-19 poses to seniors, we are carefully considering when we can safely open the senior center and our programs to the public. We are just as anxious as you to re-open, have lunch together, and play some bingo! The Healy’s Board of Directors is hoping for a partial re-opening this summer and we will have more details soon. At this time, we are still not open for private meetings and parties. Stay tuned to for news on when we’ll dine together again!

There is still a lot of work to do in Humboldt County, to eradicate Covid-19 from our communities. In Humboldt County, almost 23 percent of the total population has been fully vaccinated against Covid-19. This is a good start.

We can learn something from seniors on this vaccine effort. In Humboldt County, 59 percent of seniors from 65 to 74 years old have been fully vaccinated. A whopping two-thirds of seniors over 75 years old in Humboldt County are fully vaccinated. Seniors are leading the way, rolling up their sleeves, and getting jabbed to protect themselves, their families, and their community.

If you’re hesitant about getting vaccinated, you should consider chatting with a vaccinated senior and asking them about their experience. They would most likely be happy to share details of their experience and their motivation in getting the Covid shot.

Southern Humboldt seniors may contact SoHum Health (923-3921) or Redwoods Rural Health Center (923-2783) to receive the COVID-19 vaccine. Please call or visit www.sohumhealth.org or www.rrhc.org to fill out their vaccine interest form. If you have any questions about the vaccine or need advice on safe social distancing, please call the Humboldt County COVID line at (707) 441-5000.

The Healy was recently awarded one of 15 grants by Coast Central Credit Union’s Community Investment Program. We were awarded a grant of $7,350 to purchase locally-raised food for our meal programs. Thank you Coast Central!

The Patricia D. and William B. Smullin Foundation has provided the Healy with $1,000 to purchase fuel cards for our dedicated Meals on Wheels drivers. Thank you to Smullin for taking care of our wonderful volunteer drivers!

Lastly, thank you to all of you individuals that support us throughout the year!
The Healy Senior Center’s Mission is to support independent, meaningful, dignified lives for older adults through good nutrition and community engagement in Southern Humboldt in a warm and welcoming community center. Our Vision is for a community of physically, mentally, and emotionally healthy older adults.

Board of Directors
Jim Hoeffer, President
Suzan Gupton, Vice President
Rich Thompson, Treasurer
Cynthia Windwalker, Secretary
Wendi Leader, Board Member
Jim Quast, Board Member

Staff
Nick Vogel, Executive Director
Babette Bach, Nutritionist/Head Cook
Samantha Bernardo, Program Coordinator
Michael McKaskle, Asst. Cook

Meals on Wheels Volunteer Drivers
Steve Norton, Wendy Emerson, June Willburn, Michael Thompson

Kitchen Volunteers
Jamie Smith, Kate Carlson, Babette Kurtz, LaDonna Auxier, Renee Morris

Photographer Volunteer
LaDonna Auxier

Cashier
Mike Zevin

Volunteer Groundskeeper
Tommy Griffin

IT’S BACK!

DONATE
Drive-thru Donation Drop Off
Wednesday, September 15th & Thursday, September 16th
9am – 5pm
Clean & Usable Items Only. No Clothing, Electronics or Mattresses.

DROP OFF LOCATION: REDWAY SCHOOL BASEBALL FIELD PARKING LOT

24TH ANNUAL YARD SALE BENEFITING THE HEALY SENIOR CENTER

SHOP

GIANT YARD SALE
Friday, September 17th 9am-5pm
Saturday, September 18th 9am-5pm
Sunday, September 19th 9am-2pm

GIANT YARD SALE LOCATION: REDWAY SCHOOL BASEBALL FIELD PARKING LOT

WELL WISHES TO GRACE LINDSLEY & RON ARONSON
We sure do miss you!
Thank you for your years of service to the Healy Senior Center!

IT’S BACK!

WE CURRENTLY HAVE OPEN SPOTS IN OUR MEALS ON WHEELS PROGRAM. IF YOU KNOW A SENIOR LIVING IN MIRANDA, PHILLIPSVILLE, REDWAY, GARBERVILLE, BENBOW, OR BRICELAND WHO COULD BENEFIT FROM OUR MEALS ON WHEELS PROGRAM, PLEASE CALL SAMANTHA AT (707) 923-2399, EXTENSION 103.

VOLUNTEERS NEEDED!

OPEN SEAT ON OUR BOARD OF DIRECTORS
The Healy Senior Center’s Board of Directors has a vacancy. If you are passionate about the Healy and our mission of helping SoHum’s seniors to live healthy and independent lives, you might consider serving on our volunteer Board of Directors! Please contact Nick to discuss your interest at (707) 923-2399, extension 104.

EXERCISE GROUP LEADER
When we re-open, our senior exercise group will need a new leader! Our beloved Evelyn King moved to Oregon and she led our twice-weekly exercise group at the Healy. If you are interested in leading the exercise group once or twice per week, please contact Nick at the Healy.

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We sure do miss you!
Thank you for your years of service to the Healy Senior Center!

Volunteer Groundskeeper
Tommy Griffin

DELIVERING SO MUCH MORE THAN JUST A MEAL

FREQUENT IN-HOME VISITS PROVIDE UNIQUE OPPORTUNITIES TO MEET NUTRITIONAL NEEDS, COMBAT SOCIAL ISOLATION, ADDRESS SAFETY HAZARDS AND PROVIDE HOLISTIC CARE

MEALS ON WHEELS PROVIDES A COST-EFFECTIVE SOLUTION THAT SERVES US ALL

Volunteer Groundskeeper
Tommy Griffin

1-877-410-8809

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